

How do you compare?

ICAA/ProMatura Wellness Benchmarks National Report

Set goals and distinguish yourself from the competition by comparing the outcomes of your community with those in the benchmarks.

For explanations of these indicators and more detail, get the ICAA/ProMatura Wellness Benchmarks National Report 2017. <http://www.icaa.cc/business/benchmarks.htm>

| Compare your community | | |
|--|---|-----------------------|
| | Independent living and Independent living plus assisted living | Your community |
| Participation: % of all residents participating in wellness program (purposeful activities, fitness, recreation) at least 12 times/year | 55% | |
| Length of stay of independent living residents participating in wellness program | 8.8 years | |
| Satisfaction: % of residents very satisfied or satisfied with the wellness program | 84% | |
| Satisfaction: % of wellness participants much more or somewhat more satisfied with community life because of participating in the wellness program | 79% | |
| Move-in: % of wellness participants who strongly agree or agree the program was a primary reason why they moved in | 43% | |
| Self-rating of health, wellness participants ages 75-84: good, very good, excellent | 74% | |
| Self-rating of health, wellness participants ages 85+: good, very good, excellent | 83% | |
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| No. of full-time lifestyle/wellness staff, communities with 50-149 residents (IL + AL + MC) | 2.4 | |
| No. of full-time lifestyle/wellness staff, communities with 150-199 residents (IL + AL + MC) | 2.9 | |
| No. of full-time lifestyle/wellness staff, communities with 200+ residents (IL + AL + MC) | 4.7 | |